

**REPORT**  
from the  
set

# GAY-TANTRA, FIRST TAKE

Armin C. Heining's DVD project is in full swing.

With auditioning completed, filming was underway, and with it – a week full of ecstasy

It was a jam-packed programme that Armin C. Heining and his performers had to complete within one week. To start with, all the participants underwent a three-day training with the expert in preparation for the filming. On day one the challenges of the “Gay Super Orgasm” were on the programme, day two was devoted to the subject of “Self Pleasuring” and day three was taken up with a particular stop-and-go technique to delay orgasm and prolong the sexual act – along the lines of “longer, harder, firmer”. On day four the cosy intimacy of the Gay-Tantra Oasis was replaced with the light-flooded industrial atmosphere of the Eiswerk Studios in Spandau, Berlin. Now it was up to the performers to recall and use what they had learned under the watchful eye of the camera. Quite a challenge, considering how spotlights and technicians determine the atmosphere. However, the project was not Heining's first film production. He was prepared for the uncertainty that his performers would face and had provided them during the training days with the wherewithal to submerge themselves in tantric situations – or as he calls it: “to enter fully into it”. Already by the end of the first day of filming, in which the “longer, harder, firmer” exercise of the previous day was captured on film, the tension was overcome. It became easier and easier for the performers to channel their sexual energy through breathing or massage and meditation. On the second day of filming devoted to masturbation, Heining proceeded to demand not an emphasis on the genitals, but the inclusion of the whole body: “I want to see your bodies tremble and shake” he proclaimed. “The stimulation must take hold of the whole body”. And it worked, just as the “Gay Super Orgasm” did on day three and the lesson on “Creative Sex” on day four of filming. Finally there were interviews and bonus features on the programme. Mission accomplished. To be continued... (an)

